

## FINE MOTOR SKILLS CHART

Age	Skill
One to three months	Reflexively grasps finger or toy placed in hand.
Three months	Grasping reflex gone. Briefly holds small toy voluntarily when it is placed in the hand.
Four months	Holds and shakes rattle. Brings hands together to play with them. Reaches for objects but frequently misses them.
Five months	Grasps objects deliberately. Splashes water. Crumples paper.
Six months	Holds bottle. Grasps at own feet. May bring toes to mouth.
Seven months	Transfers toy from hand to hand. Bangs objects on table. Puts everything into the mouth. Loves playing with paper.
Nine months	Able to grasp small objects between thumb and forefinger.
Ten months	Points at objects with index finger. Lets go of objects deliberately.
Eleven months	Places object into another's hand when requested, but does not release.
Twelve months	Places and releases object into another's hand when requested. Rolls ball on floor. Starts to hold crayon and mark paper with it.
Fifteen months	Builds tower of two blocks. Repeatedly throws objects on floor. Starts to be able to take off clothing, starting with shoes.
Eighteen months	Builds tower of three blocks. Starts to feed self well with spoon. Turns book pages two or three at a time. Scribbles on paper.
Two years	Builds tower of six or seven blocks. Turns book pages one at a time. Turns door knobs and unscrews jar lids. Washes and dries hands. Uses spoon and fork well.
Two and a half years	Builds tower of eight blocks. Holds pencil between fingers instead of grasping with fist.
Three years	Builds tower of nine or ten blocks. Puts on shoes and socks. Can button and unbutton. Carries containers with little spilling or dropping.
Four years	Dresses self except for tying. Cuts with scissors, but not well. Washes and dries face.
Five years	Dresses without help. Ties shoes. Prints simple letters.